



PVMFA



Pequea Valley Midget Football Association

2019

Cheerleading



Registration Packet

All forms must be complete, signed by both parent/guardian and player and accompanied by:

1. Cash or Check for all fees. We have payment plans available at any time. Financial assistance is also available upon request. Please contact our Treasurer: treasurer@pvmfa.com.

From same household:

1st Cheerleader \$65.00

2nd Cheerleader **add** \$30.00

3rd Cheerleader **add** \$30.00

*An additional late fee of **\$10/cheerleader** applies to all registrations received after July 31, 2019.

2. Fundraiser opt-out fee **per family** if you choose not to participate: **\$35.00** at time of registration (**plus additional \$10** late fee if payment is received after registration closes on **July 31, 2019**). (If you choose not to opt out and not to participate in the fundraiser you may be required to pay all fees upfront the following year.)

Complete paperwork may be submitted during scheduled registration events (see website www.pvmfa.com for details of times and locations) or mailed at any time to:

PVMFA

6046 Buena Vista Rd.

Gap, PA 17527

We will **NOT** accept paperwork that is incomplete.

PVMFA Fundraising

Should you choose not to participate in the fundraiser, there is a mandatory \$35.00 per family opt-out fee due at time of registration. Opt-out fees received after close of registration, July 31st, 2019 are subject to an additional \$10 late fee. (If you choose not to participate or OPT out late, you may be required to pay all fees up front in the future.)

*Fundraisers are being considered as well, more information to follow.

THANK YOU FOR YOUR SUPPORT!

Please note: Concession sales is our most profitable source of additional income. This is why concession stand participation is so very critical and has now been made mandatory for each player's family.

As always, our fundraising committee is open to your new ideas to help raise additional funds.

Uniform Wash & Care Instructions

For best result, wash uniforms in cold water before they are worn the first time to set the dyes. Launder uniforms immediately after they have been worn. Do not allow perspiration soaked garments to lay in a pile or rest folded on top of each other. This greatly increases the risk of dye/color migration. Garments that cannot be laundered immediately should be hung individually on rust proof (wood or plastic) hangers.

Basic Washing Instructions

- Rinse washing machine before adding garments.
- White and colored garments cannot be washed together.
- Water temperature should be no more than 110 degrees. Do not rely on the "warm" setting on the washer. Ground water and hot water heaters vary greatly. Be sure you know what your temperature is.
- For best results, use a mild powdered detergent. Liquid and powdered detergents with enzymes can damage colors.
- Spot treat stains whenever possible. Avoid presoaking but if required, use luke warm water (90-100 degrees) and a non-enzyme release agent for no longer than 30 minutes. Launder garments immediately after presoaking.
- Water level in the machine should be on the highest setting for the best rinsing and less color migration.
- Do NOT use chlorine bleach! If garments are very soiled, a light application of dry oxygen based bleach is recommended.
- Do NOT dry clean garments!
- Dry garments flat or line dry.

**Please communicate the above wash and care instructions to any others that may handle or launder your garments. Thank you!*

Cheerleading Practice & Game Rules

Cheerleading is a team effort. When a cheerleader misses games and practice it affects the coaches and the **entire squad**. Therefore, please be on time and attend every game, practice and event. If a cheerleader is unable to attend please take the proper action to notify the appropriate people so demerits will not be given.

- Cheerleaders must be on time for games, practices and any additional events.
- All cheerleaders must be in assigned uniform for every game or event.
- All cheerleaders will be respectful to coaches and teammates at all times.
- Use of inappropriate language will not be tolerated.
- No jewelry is permitted at practice, games or events.
- No chewing gum at practice, games or events.
- Hair must be pulled back and out of your face. Girls with shorter hair; keep hair out of your eyes.
- Appropriate attire should be worn for practices.
- **No jeans or jeans shorts.**
- Cheerleading shoes must be worn at all practices and games.

PVMFA

Age: _____ Date of Birth: _____ Grade (as of Sep 1st): _____

Name of Cheerleader: _____

Address: _____

Home Phone: _____ Email: _____

Father's Name: _____ Cell Phone: _____ Text: (Y) (N)

Mother's Name: _____ Cell Phone: _____ Text: (Y) (N)

Guardian (If applicable): _____ Cell Phone: _____ Text: (Y) (N)

In the event of game or practice cancellation/changes/updates, would you prefer to be contacted by:

Email: _____ Phone: _____ or Text: _____

Are you interested in being a team parent? (Y) (N)

Cheerleaders will NOT be issued uniforms/equipment until all documents listed below are received.

Documents may be mailed to:

PVMFA
6046 Buena Vista Rd.
Gap, PA 17527

(to be completed by PVMFA)

Documentation Check List

	<u>Turned in signed/completed</u>	
<input type="checkbox"/> Medical & Emergency Contact Information	(Y)	(N)
<input type="checkbox"/> Cheerleader Contract	(Y)	(N)
<input type="checkbox"/> Cheerleader's Code of Conduct / Disciplinary Policy	(Y)	(N)
<input type="checkbox"/> Parent/Guardian Code of Ethics	(Y)	(N)
<input type="checkbox"/> Demerit Policy	(Y)	(N)
<input type="checkbox"/> Uniform Policy	(Y)	(N)
<input type="checkbox"/> Registration Fee	Date received: _____ Amount: _____	
	Paid by (cash, check, PayPal) _____	
<input type="checkbox"/> Fundraiser Opt Out Fee (if applicable)	Date received: _____ Amount: _____	
	Paid by (cash, check, PayPal) _____	

Documents reviewed by: _____

Medical & Emergency Contact Information

Cheerleader's Name: _____ Date of Birth: _____

Address: _____

Home Phone: _____ Parent/Guardian Home Ph. (if different from cheerleader): _____

Mother's Name: _____ Cell Phone: _____

Father's Name: _____ Cell Phone: _____

Guardian's Name: _____ Cell Phone: _____

Family Physician: _____ Phone: _____

Family Dentist: _____ Phone: _____

Does your child have any of the following:

Heart Condition (Y) (N) Diabetes (Y) (N)

Convulsions (Y) (N) Asthma (Y) (N)

Allergic to bees (Y) (N) Allergic to medications (Y) (N)

If yes, list medications: _____

If you answered yes any of the above, how will the emergency medication be available to the cheerleader?
(circle one) Cheerleader will carry or Parent/Guardian will carry/be present to administer

Other allergies or medical problems we need to be aware of: _____

If there is any physical or medical reason why your child/dependent should not fully participate, the PVMFA requires a doctor's medical release.

I certify that my child/dependent, named above, is physically capable and able to fulfill requirements needed to be a cheerleader with PVMFA. I understand that this statement legally releases all obligations and responsibilities for medical treatment for my child/dependent in the event of illness or injury during any squad related activity when either parent/guardian cannot be reached.

In the event of an emergency occurring while my child/dependent is attending a PVMFA sponsored practice, performance or trip, I grant my permission to PVMFA and its members to take whatever action they deem necessary. I authorize PVMFA and or its members to give consent for my child/dependent in the event that I cannot be reached. I further agree not to hold PVMFA liable for any injuries incurred to my child/dependent during cheerleading.

Parent/Guardian Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

Cheerleader Contract

Dear Cheerleader and Parent(s)/Guardian(s):

Welcome to the Pequea Valley Midget Football Association. We are looking forward to a great year of learning and having fun cheerleading. The PVMFA is the product of many individuals who devoted a great deal of time, effort and money in the past. In this year, we are reaping the benefits of all those individuals who contributed to the PVMFA before us. We hope to help the program to continue to grow and provide opportunities for youth in the area. We hope you will join in this effort by volunteering your time and expertise. If you have any questions or concerns, please do not hesitate to contact any of the officers.

One of the requirements of PVMFA is to obtain a signed code of conduct from **EACH cheerleader, parent(s)/guardian(s) and coach**. By signing the code of conduct you are agreeing to the requirements stated in such document.

I, _____, give _____ permission to cheer with Pequea Valley Midget Football Association. I know that participation in cheerleading may result in serious injuries and protective equipment does not prevent all injuries to cheerleaders. I hereby waive, release, absolve, indemnify and agree to hold harmless the Pequea Valley Midget Football Association, the organizers, sponsors, supervisors and participants whether the result of negligence or of any other cause, except to the extent and the amount covered by accident or liability insurance.

I further give Pequea Valley Midget Football Association permission to photograph my child/dependent and to use such photos for any lawful purpose, such as for illustration, advertising and PVMFA web content.

I have reviewed and received the attached policies, codes, contracts and forms and have discussed them with my son/daughter (cheerleader). We agree to abide by these documents, all by-laws of The Association and the Red Rose Midget Football League and their governing bodies.

Parent/Guardian: _____ Date: _____

Parent/Guardian: _____ Date: _____

Cheerleader: _____ Date: _____

Cheerleader's Code of Conduct/Discipline Policy

As a member of the Pequea Valley Midget Football Association, I will adhere to the behavior guidelines below as established by the Board of Directors:

- Foul language will not be tolerated
- Cyber bullying of any kind will not be tolerated
- Obey and respect the coaches
- Respect game officials and opposing team
- Treat team mates with respect
- No contact or horseplay prior to practice or game
- Respect all the football facilities home and away (leave it better than you found it please)
- Take care of your cheerleading uniform

Failure to comply with the guidelines will result in any of the disciplines listed below:

- Verbal warning
- Cheerleader to sit out a practice or a game
- Possible multi practice and/or game suspension
- Meeting with cheerleader and parent
- Dismissal of the cheerleader without a refund
- Suspension from participating in youth cheerleading programs

Note: Appeal for any of the above actions will be directed to the Pequea Valley Midget Football Association Board of Directors.

I have read, understand and will abide by the guidelines and disciplinary policy and agree to accept any applicable consequences.

Cheerleader Signature

Date

Parent/Guardian

Date

Parent/Guardian Code of Ethics

I hereby pledge to provide positive support, care and encouragement for my child/dependent participating in your sports by following this Parent/Guardian Code of Ethics Pledge:

- I will encourage good sportsmanship by demonstrating positive support for all players, coaches and officials at every game, practice or other youth sports events.
- I will place the emotional and physical well-being of my child/dependent ahead of a personal desire to win.
- I will insist that my child/dependent play in a safe and healthy environment.
- I will support the coaches and officials working with my child/dependent in order to encourage a positive and enjoyable experience for all.
- I will demand a sports environment for my child/dependent that is free from drugs, tobacco and alcohol and will refrain from their use at all youth sports events.
- I will remember that the game is **for youth - - not adults.**
- I will do my very best to make youth sports fun for my child/dependent.
- I will ask my child/dependent to treat other players, coaches, fans and officials with respect regardless of race, sex, creed or ability and will not support bullying/cyber bullying of any kind.
- I will participate in all fundraisers or agree to pay the opt-out fee at registration. (I understand if I do not participate, I may be required to pay all fees upfront in the future.)
- Our family will volunteer our time a minimum of two home games where needed (Concessions or chain gang for any team's game) or an assigned time will be given. **(Not Optional)**
- I will return all football equipment on time. (It is very important to return all equipment in good condition at the designated time. We will not chase you. We will have no choice but to bill you)
- I promise to follow this Parent/Guardian Code of Ethics to ensure that all the youth involved in the Pequea Valley Midget Football Association have an enjoyable season.

Parent/Guardian

Date

Parent/Guardian

Date

Demerit System

A total of **6 demerits** will be given before disciplinary action is taken. If a cheerleader receives 6 demerits, the cheerleader will be benched for **1 week** (may not cheer in any game or event but must participate in practice).

If a cheerleader accumulates **10 demerits** there will be a meeting with the PVMFA Board and parent(s)/guardian(s) to decide proper disciplinary action or removal from the squad.

Attendance Policy

Attendance is required at every practice, game and event.

Unexcused absence

If a cheerleader is going to be absent from practice, game or an event a phone call is required or demerits will be given. **(2 Demerits)**

Excused absence

Please provide at least 1 week notice if games or events will be missed. Phone call is required if practice is going to be missed. **(0 Demerits)**

Tardiness

If you are more than 15 minutes late and have not called your coach you will be given **(1 Demerit)**.

Improper Uniform

If the proper uniform is not worn to any game and cannot be removed or changed to match the squad, the cheerleader will be benched for the game. It is very important that the cheerleaders bring their entire uniform no matter what the weather will be. **(2 Demerits)**

Other

After verbal warning demerits will be given as following:

- Failure to follow the instructions of the coach **(3 Demerits)**
- Improper practice attire **(1 Demerit)**
- Use of inappropriate language **(3 Demerits)**
- Bullying/cyber bullying **(3 Demerits)**

Appropriate people to E-mail with questions or concerns:

Ashley Brown, Cheerleading Director, cheerleading@pvmfa.com

The coaches and cheerleading board reserve the right to make any decision regarding the status of a cheerleader even if it is not highlighted in these regulations.

I have read, understand and will abide by the **Practice & Game Rules and the Demerit System** as listed in this registration packet and will accept the consequences when applicable.

Cheerleader Signature _____

Date _____

Parent/Guardian Signature _____

Date _____

Uniform Policy

Parents/Guardians will be responsible for all supplied equipment that is lost, neglected, abused or not returned at the end of the season. The costs listed below will be charged to the cheerleader's parent or guardian to replace the equipment and any legal fees. Cheerleaders are expected to maintain and care for their equipment while it is in their possession. Only normal wear and tear is expected.

Equipment Supplied by PVMFA

Vest# _____ Skirt# _____ Hair Bow# _____

Total replacement cost for supplied equipment: \$135.00

All equipment listed ABOVE must be returned at announced hand-in times after the last game of the season.

If equipment is not returned by December 1st, Parent/Guardian will be billed the total equipment replacement cost of \$135.00 plus any applicable legal fees.

A lot of people volunteer their time and go out of their way to hand out and collect the equipment each year so please take the time to help us by returning everything by the announced date. Thank you!

Additional Equipment Needed

(To be supplied by Parent/Guardian and is yours to keep)

- Cheerleading Briefs (must be worn under skirt)
- Black cold weather long sleeve under shirt (ex. Under Armor)
- Black Tank Top (must be worn under shell)
- Black pants for cold weather (Can be purchased at local Target/Wal-Mart)
- Cheerleading shoes and socks (ordered through PVMFA) \$30-40
- Jacket \$35-40 (optional).

Above listed additional equipment must be ordered through the PVMFA Cheer Program. Cheerleaders must have all items by the first game or demerits will be issued.

I have read above equipment policy and understand that supplied equipment must be returned by announced date or I will be charged the stated equipment replacement fee. I further agree to maintain and care for the equipment as per the uniform wash and care instructions included in this registration packet.

Parent/Guardian Signature

Date